

**Genuine Peace and Happiness are Possible, Here... and Now.
Come find out how.**

Share Timeless Buddhist Wisdom with Hazlitt



**Wednesday, Sep 22
5:30 until about 6:30 / 7:00 PM**

The Four Noble Truths

Buddha's first teaching, The Four Truths Noble of the Enlightened can be aspired to as follows:

The Truth Regarding Suffering

May I realize The 1st Noble Truth of the Enlightened, that all my suffering is the result of my negative thinking and negative karma. Cause and effect is infallible.

The Truth Regarding the Causes of Suffering

May I realize The 2nd Noble Truth of the Enlightened, that my negative thinking and negative karma are the cause of all my suffering and the condition of all sentient beings' suffering. My negative thinking is harmful and creates suffering.

The Truth Regarding the Cessation of Causes

May I realize The 3rd Noble Truth of the Enlightened, that all my happiness is the result of my positive thinking and positive karma. Ceasing my negative thinking and replacing it with positive thinking is happiness.

The Truth Regarding the Path to Cessation

May I realize The 4th Noble Truth of the Enlightened, that my positive thinking and positive karma are the cause of all my happiness and the condition of all sentient beings' happiness. My positive thinking is the path to true happiness.

Dharma is your positive, beneficial thinking. Studying, contemplating and meditating upon the Dharma teachings of the Buddha enable you to develop more beneficial thinking patterns. Reducing negative, harmful thinking is the first step to increasing your happiness. Your beneficial thinking assists everyone including you.

Lecture Location

PRCF Classroom

Free Admittance

The teachings are given freely.

Contact Us

Please come to the discussion and you are welcome to ask for my contact information if you'd like to stay in touch or receive more teachings in the future.

More information at:

www.pathbuddha.com

About Hazlitt

Hazlitt is a Buddhist Dharma teacher in the tradition of the Dzogchen Lineage. He has been on a North American Dharma teaching tour for the past 12-months covering about 50 cities. So far during the tour Hazlitt has given nearly 250 public sessions of Dharma teachings to nearly 1,000 people as well as uncounted spontaneous sessions. This is his second teaching at PRCF.